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| **BENEFIT INFORMATION** |  |  |
| **Mass. Deprtment of** | 1010 Massachusetts Ave,  | Mon-Fri 7:30am to 5pm  |
| **Transitional Assistance** | Boston 02118 |  |
|  | 617-989-2200  |  |
|  | [www.mass.gov/snap](http://www.mass.gov/snap) | "Food Stamps" |
|  | [www.mass.gov/dta/assistance](http://www.mass.gov/dta/assistance) | Cash Assistance |
|  |  |  |
| **MassHealth** | 1-800-841-2900 |  |
|  | [www.mass.gov/masshealthmemberservicecenter](http://www.mass.gov/masshealthmemberservicecenter) |  |
|  |  |  |
| **Social Security Administration** | <http://socialsecurity.gov/> |  |
|  | 1-800-772-1213  | O'Neill Federal Bldg. |
|  | M - F, 9:00 AM - 4:00 PM | 10 Causeway St., Rm 148, Boston, MA 02222-1098 |
|  |  | 10 Malcolm X Blvd., Roxbury, MA 02119 |
|  |  | 4238 Washington St., Roslindale, MA 02131 |
|  |  |  |
| **BOOKS** |  |  |
| **More Than Words** | 242 E Berkeley St., 2nd fl., Boston | A very large selection of used books |
|  | 781-788-0035 | at very affordable prices |
|  |  | Open Fri/Sat/Sun 10:00 AM - 6:00 PM |
|  |  |  |
| **CITY / TOWN OFFICIALS** | **SEE APPENDIX** |  |
|  |  |  |
| **CLOTHING** |  |  |
| AFFORDABLY PRICED |  |  |
| **Army Barracks** | 173 Massachusetts Ave, Boston | Mon - Sat 10:00 AM to 8:00 PM |
|   | 617-437-1657 |  |
|   |  |  |
| **Boomerangs** | 563 Massachusetts Ave., Cambridge | M - Sat 11am - 8pm |
|   | 617-758-6128 | Sun 11am - 6pm |
|   | 716 Centre St, Jamaica Plain | M - W 10am - 7pm, Th 10am - 8pm |
|  | 617-524-5120 | Sun 11am - 6pm |
|  | 1407 Washington St., South End | M Closed, T-W & Sa-Su 11am - 6pm |
|  | 617-456-0996 | Th - Fr 11am - 7pm |
|  | 1870 Centre St, West Roxbury | M - W & Fr - Sat 10am - 7pm |
|  | 617-323-0262 | Sun 11am - 6pm |
|  |  |  |
| **Brighton Allston Cong. Church** | 404 Washington St., Brighton | Wed. & Sat. 10 AM - 1 PM |
| **Thrift Shop** | 617-254-4046 |  |
|  |  |  |
| **By-The-Pound** | 200 Broadway, Cambridge | Sun - Thu. 11 AM - 8 PM |
|  | 617-876-5230 | Sat. 9 AM - 8 PM |
|  |  | $1.50 per pound |
|  |  |  |
| **Dress For Success, Boston** | 989 Commonwealth Ave., 02215 | Providing professional attire, network support, |
|  | 617-779-2177 | and career development tools to help women thrive  |
|  | boston@dressforsuccess.org | in work and in life |
|  |  |  |
| **The Garment District** | 200 Broadway, Cambridge | Sun - Fri 11am - midnight |
|  | 617-876-5230 | Sat 9am - midnight |
|  |  |  |
| **Goodwill Stores** | See **SENIOR DISCOUNT** | Clothing & Household goods |
|  | Allston/Brighton |  |
|  | 965 Commonwealth Ave, Brighton | Mon-Sat 10:00 - 8:00 |
|  | 617-254-0112 | Sun Noon - 6:00 |
|  | Boston |  |
|  | 1010 Harrison Ave, Boston | Mon-Fri 9:00 - 7:00 |
|  | 617-541-1270 | Sat 9:00 - 6:30, Sun Noon - 6:00 |
|  | Cambridge |  |
|  | 520 Mass. Ave, Central Sq. | Mon - Sat 10:00 - 7:00 |
|  | 617-868-6330 | Sun Noon - 6:00 |
|  | Jamaica Plain |  |
|  | 678 Centre St, Jamaica Plain | Mon - Sat 10:00 - 8:00 |
|  | 617-522-1415 | Sun Noon - 6:00 |
|  | Somerville |  |
|  | 230 Elm St, Davis Sq. | Mon - Sat 10:00 - 7:00 |
|  | 617-628-3618 | Sun Noon - 6:00 |
|  | South Boston |  |
|  | 470 West Broadway | Mon - Sat 9:30 - 7:00 |
|  | 617-307-6367 | Sun Noon - 6:00 |
|  | Quincy |  |
|  | 625 Southern Artery | Mon - Sat 9:30 - 7:00 |
|  | 617-745-4144 | Sun Noon - 6:00 |
|  |  |  |
| **Kenmore Army & Navy Store** | 477 Washington St, Boston | Mon - Sat 9:30 AM - 7:00 PM |
|  | 617-292-2769 | Sun Noon - 6:00 PM |
|  |  |  |
| **Project Care and Concern** | 22 Beechwood St. , Dorchester | Mon - Thu 11AM - 2 PM |
|  | Second floor | Clothing & household goods |
|  | 617-288-2372 |  |
|  |  |  |
| **Raspberry Beret** | 1704 Massachusetts Ave, Cambridge | M - Tu - W 11am - 6pm, Th - Sat 11am - 8pm |
|  | 617-354-3700 | Sun noon - 6pm |
|  |  |  |
| **Salvation Army Thrift Store** | SEE **SENIOR DISCOUNT** | Mon - Sat 9:00 AM - 5:30 PM |
|  | 483 Broadway, Somerville | Closed Sunday |
|  |  |  |
| **Savers Thrift Stores** | 1230 VFW Parkway, W. Roxbury | M - Sat 9:00 AM - 9:93 PM, Sun 10:00 AM - 7:30 PM |
|  | 617-323-8231 |  |
|  |  |  |
| **Solutions at Work** | 1151 Massachusetts Ave., Cambridge | Free interview appropriate clothing |
|  | 617-492-0300 | Call for appointment |
|  | [www.solutionsatwork.org](http://www.solutionsatwork.org/) |  |
|  |  |  |
| **Tailored For Success** | 15 South Washington St.,  Malden  | Provides women with free business attire  |
|  | (781) 324-0499 | and gives them the opportunity to attend  |
|  | [www.tailoredforsuccess.org/](http://www.tailoredforsuccess.org/) | development workshops |
|  |  |  |
| **Urban Renewals** | 122 Brighton Ave., Allston | M-W & Sat: 9am-6pm;  |
|  | 617-783-8387 | Th: 10am-8pm; Sun: 12pm-5pm |
|  | [www.familythrift.com/location.html](http://www.familythrift.com/location.html) |  |
|  |  |  |
| **COMMUNITY CENTERS** |  |  |
|  | East Boston Social Center | Seniors |
|  | 68 Central Square, East Boston  |  |
|  | 617-635-6120 |  |
|  | Veronica B. Smith Senior Center  | Seniors |
|  | 20 Chestnut Hill Avenue, Brighton |  |
|  | 617-635-6120  |  |
|  |  |  |
| **COMPUTERS** |  |  |
|  |  |  |
| **CLASSES FOR ADULTS** |  |  |
|  | Boston Public Computing Centers | Classes and sites throughout Greater Boston |
|  | [www.bpcc.bpl.org](http://www.bpcc.bpl.org/) |  |
|  |  |  |
|  | BPL Central and Branches | Call For Dates and Times. Phone numbers are |
|  |  | listed under **LIBRARIES** |
|  |  |  |
|  | Shawmut Education | M - F 9:00 AM - 5:00 PM |
|  | 70 Glenville, Ave., Allston 02134 |  |
|  | 617-532-1906 |  |
|  | [www.shawmuteducation.org](http://www.shawmuteducation.org/) |  |
|  |  |  |
| **COMPUTER ACCESS** |  |  |
|  | All BPL Neighborhood Branches | listed under **LIBRARIES** |
|  | BPL Central Library, 700 Boylston St. | **1 HOUR FREE computer time** |
|  |  | **With Library Card** |
|  |  | **FREE** **15 Minutes computer use** |
|  |  | **at the standing stations** |
|  |  | (no library card required) |
|  |  | Every resident of Boston is eligible to have a BPL card. |
|  |  | Request one at any library. Current proof of Boston |
|  |  | residency (phone bill, voter registration card, etc.) is |
|  |  | all that is needed. |
|  |  |  |
|  | Public Library Of Brookline, Main | **FREE** use of the computers |
|  |  | no library card required, |
|  |  |  |
| **DRUG STORES** | **SEE APPENDIX**  |  |
|  |  |  |
| **EDUCATION** |  |  |
| **Adult Literacy Hotline** | World Education | 6:00AM - Midnight |
|  | 44 Farnsworth Street, Boston 02210 | General information about adult education |
|  | 1-800-447-8844 | opportunites |
|  | [www.getrealmass.info/hotline/](http://www.getrealmass.info/hotline/) |  |
|  |  |  |
| **Catholic Charities Adult Ed.** | 76 Union Park Street | M - F 9:45 AM - 4:45 PM |
|  | Boston 02118 |  |
|  | 617-542-9292 x634 |  |
|  | [www.ccab.org/el\_centro.html](http://www.ccab.org/el_centro.html) |  |
|  |  |  |
| **Federal Student Aid** | <http://www.fafsa.ed.gov/> |  |
|  |  |  |
| **GED General Information** | 75 Pleasant Street, Malden 02148 |  |
|  | 781-338-6604 |  |
|  | [www.doe.mass.edu/ged](http://www.doe.mass.edu/ged) |  |
|  |  |  |
| **ENTERTAINMENT/EVENTS/** |  |  |
| **ACTIVITIES** |  |  |
|  |  |  |
| **Charlie Cardholders** | Discount Booklet available on-line | Also available at Downtown Crossing |
|  |  | Charlie Card Store |
|  | <http://mbta.com/riding_the_t/CharlieCard_Discount_Book/> |
| **Free Or Cheap** |  |  |
|  | AMC Theaters | Up to 30% discount if age 55+ |
|  | Arnold Arboretum | FREE Open Sunup to Sundown |
|  | Bally Total Fitness | Up to $100 off memberships age 55+ |
|  | BPL Calendar Of Events | <http://www.bpl.org/news/calendar.htm> |
|  | Boston Central e-newsletter | <http://www.bostoncentral.com/main/newsletter.php> |
|  | Boston Globe | [http://finds.boston.com](http://finds.boston.com/) |
|  |  | Daily deals |
|  | Boston Metro | Thursday edition |
|  | Cinimark Theaters | Up to 35% off age 65+ |
|  | City Of Boston Calendar Of Events | <http://cityofboston.gov/calendar/> |
|  | City Line Events | [www.cityofboston.gov/subscribe](http://www.cityofboston.gov/subscribe) |
|  |  |  |
|  | **FREE** and Almost Free Events In | <http://www.cityofboston.gov/visitors/free.asp> |
|  | the City of Boston | (See **APPENDIX** for Details) |
|  |  |  |
|  | Isabella Stewart Garner Museum | **FREE** admission on your birthday or |
|  | 280 Fenway, Boston | if your name is Isabella |
|  |  |  |
| **It's Your Birthday** | Free stuff for your birthday | <http://www.freebie-depot.com/birthday-freebie-list/> |
|  |  |  |
|  | Museum of Fine Arts | **FREE** Wednesdays After 4:00 PM |
|  | 465 Huntington Ave, Boston |  |
|  |  |  |
|  | Regal Cinemas | 30% off (65+) |
|  |  |  |
| **YMCA** | <http://www.ymcaboston.org/> | The Y offers a wide range of fitness and fun programs |
|  | Boston | available at no and low cost. |
|  | 316 Huntington Ave., Boston |  |
|  | 617-927-8040 | Membership is avalable on an month-by-month |
|  | Chinatown | basis and is determined by age and category level |
|  | 8 Oak Street West, Boston | of participation. Call and go by one of their locations. |
|  | 617-326-1313 | Bringing in 5 non-perishable food items and the  |
|  | East Boston | fee to join is waived! |
|  | 215 Breman Street |  |
|  | 617-569-6584 |  |
|  |  |  |
| **FOOD** |  |  |
| **FOOD PANTRIES**  |  |  |
| **& SOUP KITCHENS** | **SEE APPENDIX**  |  |
|  |  |  |
| **GROCERY STORES** | **SEE APPENDIX**  |  |
|  |  |  |
| **FURNITURE** |  |  |
| **Boomerangs** | 563 Massachusetts Ave., Cambridge | M - Sat 11am - 8pm |
|  | 617-758-6128 | Sun 11am - 6pm |
|  | 716 Centre St, Jamaica Plain | M - W 10am - 7pm, Th 10am - 8pm |
|  | 617-524-5120 | Sun 11am - 6pm |
|  | 1407 Washington St., South End | M Closed, T-W & Sa-Su 11am - 6pm |
|  | 617-456-0996 | Th - Fr 11am - 7pm |
|  | 1870 Centre St, West Roxbury | M - W & Fr - Sat 10am - 7pm |
|  | 617-323-0262 | Sun 11am - 6pm |
|  |  |  |
| **Mass. Coalition for the Homeless** | 15 Bubier Street  Lynn, MA 01901 | Need Referral from Case Manager, pick up only. |
|  | 781-595-7570 x 13 |  |
|  | albenny@mahomeless.org |  |
|  |  |  |
| **Urban Renewals** | 122 Brighton Ave., Allston | M-W & Sat: 9am-6pm;  |
|  | 617-783-8387 | Th: 10am-8pm; Sun: 12pm-5pm |
|  | [www.familythrift.com/location.html](http://www.familythrift.com/location.html) |  |
|  |  |  |
| **HAIRCUTS** |  |  |
| **Empire Beauty School** | 30 West St., Downtown | $5.00 and up.  |
|  | 617-266-2661 |  Call for additional information and hours. |
|  |  |  |
| **Great Clips** | Pru Center, next to P.F. Chang's | $8.99 w/Pruferred Card\* or $3.00 off age 60+ |
|  | (857) 239-9431 | Mon-Fri 8am–9pm, Sat 8am–7pm, Sun 10am–6pm |
|  |  |  |
| **HOUSES OF WORSHIP** | **SEE APPENDIX**  |  |
|  |  |  |
| **JOBS** |  |  |
| **American Job Center** | http://jobcenter.usa.gov/find-a-job | Job seekers' service with a wide-ranging array |
|  | 1-800-333-4636 | of information. |
|  |  |  |
| **Boston Career Link** | 1010 Harrison Ave., Boston | Call for days and times of new |
|  | 617-536-1888 (Info Line) | member orientation |
|  | [www.bostoncareerlink.org](http://www.bostoncareerlink.org/) |  |
|  |  |  |
| **Boston Center for**  | 60 Temple Pl., 5th fl., Boston | M - F: 8:45 AM - 5 PM |
| **Independent Living, Inc.** | 617-338-6665 | Assists people with disabilities |
|  | [www.bostoncil.org](http://www.bostoncil.org/) |  |
|  |  |  |
| **Boston Metro** | 320 Congress, So Bos. |  |
|  | 617-210-7905 |  |
|  |  |  |
| **Boston Workers Alliance** | 411 Blue Hill Ave., Dorchester |  M-F 10 AM - 2 PM |
|  | 617-606-3580 | Assistance those with CORI's |
|  | [bostonworkersalliance.org](http://bostonworkersalliance.org/) |  |
|  |  |  |
|  |  |  |
| **Community Work Services** | 174 Portland, Boston |  |
|  | 617-720-2233 |  |
|  | [www.cwsbos.com](http://www.cwsbos.com/) |  |
|  |  |  |
| **JobNet** | 210 South St., Boston 02111 | Job orientation NO reservation needed |
|  | 617-338-0809 | Mon., Tues., Thurs., & Fri. at 1:00pm; Wed. at 5:45 pm |
|  | [www.jobnetboston.org](http://www.jobnetboston.org/) |  |
|  |  |  |
|  |  |  |
| **Mass. Faces of Homelessness** | 617-367-6447 | Homeless & formerly homeless men and women |
| **Speakers' Bureau** | speakersbureau@mhsa.net | share their stories with outside groups. |
|  |  | Speakers receive an honorarium. |
|  |  |  |
| **The Food Project** | 555 Dudley Street, Boston |  |
|  | 617-442-1322 |  |
|  |  |  |
| **Manpower Temporary Service** | 101 Federal St, 21st Floor Boston | Mon-Fri: 8am-5pm |
|  | 617-426-0566 | by appointment only, need resume |
|  |  |  |
| **Operation A.B.L.E. of Greater Boston** | 131 Tremont Street, Suite 301 | Age 50+ |
|  | Boston, Massachusetts 02111 |  |
|  |  617-542-4180 |  |
|  |  |  |
| **Professional Staffing Group** | 89 Devonshire St, Boston | email resume to info@psgstaffing.com |
|  | 617-250-1000 |  |
|  |  |  |
| **Senior Community Service** | <http://www.massresources.org/senior-aide-program.html#whatis> |
| **Employment Program** |  |  |
|  |  |  |
| **Skill Bureau** | 129 Tremont St, Boston | email resume to tsb@skillbureau.com |
|  | 617-423-2986 |  |
|  |  |  |
| **Solutions At Work** | 1151 Massachusetts Ave., Cambridge | M - F 9:00 AM - 5:00 PM |
|  | 617-492-0300 | Manual labor |
|  | [www.solutionsatwork.org](http://www.solutionsatwork.org/) |  |
|  |  |  |
| **Spare Change News** | 1151 Mass Ave., Cambridge | M - F 9:00 AM - 5:00 PM |
|  | 617-497-1595 | Office is in the church |
|  | [www.sparechangenews.net](http://www.sparechangenews.net/) |  |
|  |  |  |
| **Work, Inc.** | 25 Beach Street | Job training and placement service |
|  | Dorchester, MA 02122 | geared towards persons with disabilities |
|  | 617-691-1500 | 8:00 AM - 4:00 PM Mon - Fri |
|  | <http://www.workinc.org/> |  |
|  |  |  |
|  |  |  |
| **JOBS TRAINING** |  |  |
| **Action for Boston Community** | 178 Tremont St., Boston | M - F 9:00 AM - 5:00 PM |
| **Development (ABCD)** | 617-357-6000 |  |
|  | [www.bostonabcd.org/](http://www.bostonabcd.org/) |  |
|  |  |  |
| **American Job Center** | http://jobcenter.usa.gov/find-a-job | Job seekers' service with a wide-ranging array |
|  | 1-800-333-4636 | of information. |
|  |  |  |
| **Boston Public Computing Centers** | [www.bpcc.bpl.org](http://www.bpcc.bpl.org/) | Classes and sites throughout Greater Boston |
|  |  |  |
| **Career Source** | 186 Alewife Brook Pkwy., Ste. 310 | M, Tu, Th, F 8:30 AM - 4:30 PM |
|  | Cambridge | Wed 8:30 AM - 8:00 PM |
|  | 1-888-454-9675 | free career workshops |
|  | [www.yourcareersource.com](http://www.yourcareersource.com/) |  |
|  |  |  |
| **Community Work Services** | 174 Portland, Boston |  |
|  | 617-720-2233 |  |
|  | [www.cwsbos.com](http://www.cwsbos.com/) |  |
|  |  |  |
| **Dept. of Veterants Affairs (VA)** | 1-800-827-1000 |  |
|  | [www.va.gov](http://www.va.gov/) |  |
|  |  |  |
| **Dress For Success, Boston** | 989 Commonwealth Ave., 02215 | Providing professional attire, network support, |
|  | 617-779-2177 | and career development tools to help women thrive  |
|  | boston@dressforsuccess.org | in work and in life |
|  |  |  |
| **Haley House Bakery** | 12 Dade St., Roxbury | Must be able to understand & speak English |
|  **Training Program** | 617-445-0900 | and be able to do simple math. |
|  | [www.haleyhouse.org/learning](http://www.haleyhouse.org/learning) |  |
|  |  |  |
| **Jewish Vocational Services** | 29 Winter Street, Boston | M - F 9:00 AM - 5:00 PM |
| **(The Work Place)** | 617-451-8147 (Main) |  |
|  | 617-399-3200 (Helpline) |  |
|  | [www.jvs-boston.org](http://www.jvs-boston.org/) |  |
|  |  |  |
| **JobNet Career Center** | 210 South St., 1st. Fl., Boston | Career Counceling & Training |
|  | 1-800-556-2638 | M, Tu, T8:30 AM - 5:00 PMh, F  |
|  | [www.jobnetboston.org](http://www.jobnetboston.org/) | Wed 10:30 AM - 7:00 PM |
|  |  |  |
| **Mass. Rehabilitation Comm. (MRC)** | 600 Washington St., Boston 02111 | Helps people with physical, psychiatric |
|  | 617-357-8137 | or learning disabilities |
|  | [www.mass.gov/eohhs/gov/departments/mrc/](http://www.mass.gov/eohhs/gov/departments/mrc/) |
|  |  |  |
| **Pine Street Inn** | 444 Harrison Ave., Boston | M - F 9:00 AM - 5:00 PM |
| **Food Services Instruction** | 617-892-7784 |  |
| **Boston HandyWorks** | 617-892-9144 |  |
|  | [www.pinestreetinn.org](http://www.pinestreetinn.org/) |  |
|  |  |  |
| **Project Place** | 1145 Washington St., Boston 02118 | Service available to veterans |
|  | 617-542-3740 | Employment, Job Training & |
|  | [www.projectplace.org](http://www.projectplace.org/) | Resource Services Center |
|  |  |  |
|  |  |  |
| **Resume Assistance** | Boston Public Libraries | Check library calendars |
|  |  |  |
| **Urban League of Eastern Mass.** | 88 Warren St., Roxbury | M - F 9 AM - 5 PM |
|  | 617-442-4519 | Several job specific training programs |
|  | [www.ulem.org](http://www.ulem.org/) | Call for an appointment |
|  |  |  |
| **Work, Inc.** | 25 Beach Street | Job training and placement service |
|  | Dorchester, MA 02122 | geared towards persons with disabilities |
|  | 617-691-1500 | 8:00 AM - 4:00 PM Mon - Fri |
|  | <http://www.workinc.org/> |  |
|  |  | for dates and times |
|  |  |  |
| **LEGAL** |  |  |
| **ACLU** | 211 Congress St., Boston |  |
|  | 617-482-3170 |  |
|  | [www.aclum.org](http://www.aclum.org/) |  |
|  |  |  |
| **Better Business Bureau** | 508-652-4820 | Consumer services |
|  | [www.boston.bbb.org](http://www.boston.bbb.org/) |  |
|  |  |  |
| **Disability Law Center** | 11 Beacon St., Ste. 925, Boston |  |
|  | 617-227-9464 |  |
|  | [www.dlc-ma.org](http://www.dlc-ma.org/) |  |
|  |  |  |
| **Gay and Lesbian Advocates**  | 30 Winter St.., Ste 800, Boston |  |
| **and Defenders (GLAD)** | 617-426-1350 |  |
|  | <http://www.glad.org/> |  |
|  |  |  |
| **Greater Boston Legal Services** | 197 Friend St, Boston |  |
|  | 617-371-1234 |  |
|  |  |  |
| **Legal Advocacy and**  | 197 Friend St,. Boston 02114 | Free referral Service |
| **Resource Center (LARC)** | 617-603-1700 |  |
|  | [www.larcma.org](http://www.larcma.org/) |  |
|  |  |  |
|  |  |  |
| **MA Bar Assn. Lawyer Referral Svce.** | 20 West St., Boston 02111 |  |
|  | 617-654-0400 |  |
|  | [www.masslawhelp.com](http://www.masslawhelp.com/) |  |
|  |  |  |
| **MA Comm. Against Discrimination** | One Ashburton Pl., Rm 601, Boston | Referral Service |
|  | 617-994-6000 |  |
|  | [mass.gov/mcad](http://mass.gov/mcad) |  |
|  |  |  |
| **MA Law Reform Institute (MLRI)** | 99 Chauncy St., Ste 500, Boston | Does not provide legal representation |
|  | 617-357-0700 |  |
|  | [www.MLRI.org](http://www.mlri.org/) |  |
|  |  |  |
| **MassLegalHelp** | [www.masslegalhelp.org/cori](http://www.masslegalhelp.org/cori) | Legal advice web site |
|  |  |  |
| **Mental Health Legal Advisors** | 24 School St., 8th Fl., Boston |  |
|  | 617-338-2345 |  |
|  | [www.mhlac.org](http://www.mhlac.org/) |  |
|  |  |  |
| **National Lawyers Guild** | 14 Beacon St., Ste 407, Boston | Lawyer referral service |
|  | 617-227-7008 |  |
|  | [www.nlgmass.org](http://www.nlgmass.org/) |  |
|  |  |  |
| **Public Counsel Services** | 7 Palmer St., Roxbury | Criminal cases |
|  |  617-445-7581 |  |
|  | [www.publiccounsel.net/](http://www.publiccounsel.net/) |  |
|  |  |  |
|  |  |  |
| **Shelter Legal Services Foundation** | 885 Centre St, Newton |  |
|  | 617-552-0623 |  |
|  |  |  |
| **Victims Rights Law Center** | 115 Broad St, 3rd floor, Boston | Sexual assault legal services |
|  | 617-399-6720 |  |
|  |  |  |
| **Volunteer Lawyers Project of the** | Legal Assistance | A no- to low-cost legal assistance group funded |
| **Boston Bar Association** | 617-423-0648 | by the federal government. |
| **(a Legal Services Corp. Project)** | <http://www.vlpnet.org/> | [www.lsc.gov](http://www.lsc.gov/) |
|  |  |  |
| **WilmerHale Legal Services Center** |  |  |
| **of Harvard Law School** | 122 Boylston Street, Jamaica Plain |  |
|  | 617-522-3003 |  |
|  | [www.law.Harvard.edu/academics/clinical/lsc/index.htm](http://www.law.harvard.edu/academics/clinical/lsc/index.htm) |
| **LIBRARIES** |  |  |
| **BOSTON PUBLIC LIBRARIES** |  |  |
| Central  | 700 Boylston St, Boston | 617-536-5400 |
| Adams | 690 Adams Street, Dorchester | 617-436-6900 |
| Brighton | 40 Academy Hill Rd, Brighton | 617-782-6032 |
| Charlestown | 179 Main St, Charlestown | 617-242-1248 |
| Codman Square | 690 Washington St, Dorchester | 617-436-8214 |
| Connolly | 433 Centre St, Jamaica Plain | 617-522-1960 |
| Dudley | 65 Warren St, Roxbury | 617-442-6186 |
| East Boston | 276 Meridian St, East Boston | 617-569-0271 |
| Egleston Square | 2044 Columbus Ave, Roxbury | 617-445-4340 |
| Faneuil | 419 Faneuil St, Brighton | 617-782-6705 |
| Fields Corner | 1520 Dorchester Ave, Dorchester | 617-436-2155 |
| Grove Hall | 41 Geneva Ave, Dorchester | 617-427-3337 |
| Honan-Allston | 300 North Harvard St, Allston | 617-787-6313 |
| Hyde Park | 35 Harvard St, Hyde Park | 617-361-2524 |
| Jamaica Plain | 12 Sedgwick St, Jamaica Plain | 617-524-2053 |
| Lower Mills | 27 Richmond St, Dorchester | 617-298-7841 |
| Mattapan | 1350 Blue Hill Ave, Mattapan | 617-298-9218 |
| North End | 25 Parmenter St, Boston | 617-227-8135 |
| Orient Heights | 18 Barnes Ave, East Boston | 617-567-2516 |
| Parker Hill | 1497 Tremont St, Roxbury | 617-427-3820 |
| Roslindale | 4246 Washington St, Roslindale | 617-323-2343 |
| South Boston | 646 East Broadway, South Boston | 617-268-0180 |
| South End | 685 Tremont St, Boston | 617-536-8241 |
| West End | 151 Cambridge St, Boston | 617-523-3957 |
| West Roxbury | 1961 Centre St, West Roxbury | 617-325-3147 |
|  |  |  |
| **PUBLIC LIBRARY OF BROOKLINE** |  |  |
| Main | 31 Washington St, Brookline | 617-730-2370 |
| Coolidge Corner | 31 Pleasant Street | 617-730-2380 |
| Putterham | 959 West Roxbury Pkwy,  | 617-730-2385 |
|  | Chestnut Hill |  |
|  |  |  |
| **MEDICAL** |  |  |
| **BHCHP** | 780 Albany St., Boston |  |
| (Boston Health Care for Homeless | 857-654-1000 |  |
| People) |  |  |
|  | On-Call Clinician |  |
|  | 781-221-6565 |  |
|  | Jean Yawkey Place | Mon - Fri 8:30 - 4:00 |
|  | 780 Albany St., Boston |  |
|  | 857-654-1600 |  |
|  | MGH Walk-In Unit | Mon - Fri 8:30 AM - 8:00 PM |
|  | 15 Parkman St., Rm 108 | Weekends & Holidays 9:30 AM - 4:00 PM |
|  | 617-726-2707 | Closed Thanksgiving and Christmas |
|  |  |  |
|  | 617-654-1600 | Mon - Fri 8:30 - 5:00 |
|  | Family Team Services |  |
|  | 857-654-1000 |  |
|  | Father Bill's Place | Mon - Fri 9:00 - 4:00 |
|  | 38 Broad St. 1st fl, Quincy |  |
|  | 617-770-3314 |  |
|  | Long Island Shelter | Mon - Fri 9:00 - 5:00 |
|  | 1st fl, Tobin Bldg |  |
|  | 617-534-2526 |  |
|  | NE Center For Homeless Vets | Mon - Fri 9:00 - 5:00 |
|  | 4th fl, 17 Court St, Boston |  |
|  | 617-371-1723 |  |
|  | Pine Street Inn Dental Clinic | Call For Appoinment |
|  | Paul Sullivan Way |  |
|  | 857-654-1609 |  |
|  | PSI Dental Clinic @ St. Francis House | Mon - Fri 8:30 - 4:00 |
|  | 2nd fl, 39 Boylston St, Boston |  |
|  | 617-542-4704 |  |
|  | Pine Street Inn Men's Clinic | Sun- Fri 6 AM - 8 PM |
|  | 1st fl. 444 Harrison Ave, Boston |  |
|  | 857-654-1850 |  |
|  | Pine Street Inn Women's Clinic | Daily Noon - 7:30 |
|  | 1st fl, 363 Albany St, Boston |  |
|  | 857-654-1863 |  |
|  | Shattuck Shelter Clinic | Call For Appoinment |
|  | 1st fl, 170 Morton St, JP |  |
|  | 617-971-3575 |  |
|  |  |  |
| **Dial-A-Ride Service** | Have your healthcare provider | [www.massresources.org/masshealth-transportation.html](http://www.massresources.org/masshealth-transportation.html) |
| (Medical Taxi) | complete MassHealth Form PT-1 | Free transportation between your residence and |
|  |  | your health care appointments |
| **Fenway Community Health Clinic** | 1340 Boylston Street  Boston |  |
|  | 617-267-0900 |  |
| **Home Base Program** | Contact Tracy West | Health services for veterans  |
| **For the MGH** | 165 Cambridge St., Ste. 600, Boston 02114 | and their families |
|  | 617-643-6789 |  |
|  | homebaseprogram@partners.org |  |
| **Senior Shuttle, City of Boston** | ages 60+ | M - F, 8:00 - 4:00 |
|  | 617-635-3000 | Transportation to medical appointments |
|  |  | Call for details |
| **VA Boston Healthcare/** | 150 S. Huntington Ave., Boston | For area women veterans and  |
| **Women's Health Sciences** | 857-364-4027 | their children |
|  |  |  |
| **NEWSPAPERS** |  |  |
| **The Bay State Banner** | Weekly | FREE |
| **Boston Courant** | Weekly | **FREE** |
| **Boston Globe** | Daily | $1.25 Daily, $3.50 Sunday |
| **Boston Herald** | Daily | **PRICE?** |
| **Boston Metro** | Daily | **FREE** |
| **El Mundo** | Daily | **FREE** |
| **Dorchester Reporter** | Weekly | **FREE** |
| **Fenway News** | Weekly | **FREE** |
| **Jamaica Plain Gazette** | Weekly | **FREE** |
| **Mission Hill Gaxette** | Weekly | **FREE** |
| **South End News** | Weekly | **FREE** |
| **Spare Change** | Vendors Around the City | **$1.50**  |
|  |  |  |
| **"SENIORS"** |  |  |
| **AARP** | 1-888-687-2277 or | $16.00/yr |
|  | [www.aarp.org/](http://www.aarp.org/) | for "Seniors" age 50+ |
|  |  |  |
| **ABCD** |  |  |
|  |  |  |
| **Kit Carson Senior Services** | 1500 Dorchester Ave., Dorchester | They do provide some limited shuttle services. |
|  | 617-825-5000 |  |
|  |  |  |
| **Commission on Affairs of the** | 1 City Hall Plaza, Room 271 | Some of the programs and services available to seniors include: |
| **Elderly - Boston** | 617-635-4486 | SSI, Medicare, Medicaid, Medicare Supplemental Insurance, Food Stamps, Veterans' Benefits |
|  | [www.cityofboston.gov/elderly](http://www.cityofboston.gov/elderly) | Subscriptions to Boston SENIORITY Magazine |
|  |  |  |
| **DISCOUNTS** | **YOU MUST ASK FOR THESE DISCOUNTS** |  |
|  |  |  |
| **ENTERTAINMENT / EVENTS** |  |  |
| Cirque du Soleil | 15 - 20% off tickets | with AARP membership |
| Live Nation Concerts | 25% or more off tickets | for groups of four or more with |
|  |  | AARP membership |
| Regal Theaters | With AARP Membership Only | For $5.50 Admission you get the movie, |
|  | $5.50 Admission | one 32 ounce drink **and** one 64 ounce popcorn |
|  |  |  |
| **RESTAURANTS** |  |  |
| Boston Market | 10% off (65+) |  |
| Burger King | 10% off (60+) |  |
| Carrabba's Italian | 10% off Wednesdays | with AARP membership |
| Chick-Fil-A | 10% off or free sm. Coffee/soda (55+) |  |
| Chili's | 10% off (55+) |  |
| CiCi's Pizza | 10 off (60+) |  |
| Discount Coupons | SeniorFacts.com | To download and print discount coupons |
| Denny's | 20% off/ 4-8:00PM, $1 coffee any time | With AARP membership |
| Dunkin' Donuts | 10% off or free coffee (55+) | buy L or XL hot coffee, get free donut w/AARP card |
| IHOP | 10% off (55+) |  |
| KFC | Free sm. drink w/any meal (55+) |  |
| McDonald's | discounts on coffee (55+) |  |
|  | varies from store to store |  |
| Outback Steakhouse | 15% off (M - Th) | lunch or dinner - with AARP membership |
|  | 15% off (weekends) | lunch only - with AARP membership |
| Subway | 10% off (60+) |  |
| TCBY | 10% off (55+) |  |
| Wendy's | 10% off (55+) |  |
|  |  |  |
| **RETAIL AND APPAREL** |  |  |
| Big Lots | 10% off (55+) | Day and age vary by location |
| CVS Pharmacies | 20% off with flu shot |  |
| Goodwill Thrift Stores | 10% off one day a week | Day and age vary by location |
| Hallmark Stores | 10% off one day a week |  |
| Kmart | 20% off (50+)!! |  |
| Kohl's | 15% off (60+) |  |
| Michael's | 10% off Tues w/AARP card |  |
| Modell's Sporting Goods | 10% off (60+) |  |
| Reebok & Rockport | 485 Arsenal St., Watertown | 20% Discount with |
| Outlet Store | 617-924-3016 | AARP Membership |
| Rite Aid | 10% off (65+) on Tuesdays |  |
|  | 10% off (65+) on prescriptions |  |
| Rockport Outlets | 20% off |  |
| Ross Dress For Less | 10% off (55+) on Tuesdays |  |
| Salvation Army Thrift Stores | **Up To 50% off (55+)!!** |  |
| Walgreen's | Senior (55+) Savings Days | 15 - 20% Off, In Store & On-Line |
|  | with Walgreens Card or AARP Card | Watch for the Savings Days in the weekly circulars |
|  |  | and Sunday supplements |
| **TRAVEL** |  |  |
| AMTRAK | 15% off (62+) |  |
| Greyhound | 5% off (62+) |  |
| MBTA | Reduced Fares | **SEE APPENDIX** |
| Senior Shuttle, City of Boston | (60+) | M - F, 8:00 - 4:00 |
|  | 617-635-3000 | Transportation to medical appointments |
|  |  |  |
| Taxi Vouchers, City of Boston | ages 65+ (or any age, if disabled or  | $5 booklets, good for $10 in cab rides |
|  | receiving treatment for cancer) | booklets available Rm 271 at City Hall |
|  | 617-635-4366 |  |
|  |  |  |
| Commuter Rail | Half priced fares | **SEE APPENDIX** |
|  |  |  |
| The RIDE | Greater Lynn Senior Services | Applications for The RIDE may be obtained by calling  |
|  | 888-319-7433 | 617-222-5123 or by going to the Downtown Crossing |
|  | Veterans Transportation | Station or by going on-line to  |
|  | 877-765-7433 | [http://www.mbta.com](http://www.mbta.com/) |
|  | Joint Venture |  |
|  | 888-920-7433 |  |
| Seniors & | The Charlie Card Store | Mon - Fri, 8:00 AM - 5:30 PM |
| Transportation Access Pass | Downtown Crossing Station |  |
| (TAP) | 617-222-3200 |  |
|  |  |  |
| **TELEPHONE SERVICES** |  |  |
| **Assurance Wireless** | 1-888-898-4888 for application | Free Cell Phone & Limited Minutes |
|  | [http://www.assurancewireless.com](http://www.assurancewireless.com/) |  |
| **Comcast** | 1-800-934-6489 |  |
|  | <http://wwwb.comcast.com/> |  |
|  | [http://www.comcast.net](http://www.comcast.net/) | For Xfinity service, where available |
| **Safelink** | 1-800-977-3768 for application | Free Cell Phone & Limited Minutes |
|  | https://www.safelinkwireless.com |  |
| **Verizon** | 1-800-837-4966 |  |
|  | [www.verizon.com](http://www.verizon.com/) |  |
|  |  |  |
| **TRANSPORTATION** |  |  |
| **AMTRAK** | Back Bay Station | 627-345-7998 |
|  | North Station | 800-872-7245 |
|  | South Station |  |
|  |  |  |
| **Charlie Card Discounts** | Pick up booklet at the | It is also available on-line at |
|  | Charlie Card Store in | <http://mbta.com/riding_the_t/CharlieCard_Discount_Book/> |
|  | Downtown Crossing Station |  |
|  |  |  |
| **Commuter Rail** | Customer Support |  |
|  | 617-222-3200 |  |
|  | [www.mbta.com](http://www.mbta.com/) |  |
|  |  |  |
| **Hubway** | **$5.00 subsidized Annual Membership** | **The $5 includes a bike helmet!** |
|  | 617-918‑4456 | Call to confirm eligibility |
|  |  | <http://thehubway.com/pricing> |
|  |  | Unfortunately and ironically,  |
|  |  | a debit or credit card is required. |
|  |  |  |
| **Independent Taxi Operators Assn.** | 617-426-8276 |  |
|  |  |  |
| **MBTA (The T)** | Customer Support | M - F 6:30 AM - 8:00 PM, Sat & Sun 7:30 AM - 6:00 PM |
|  | 617-222-3200 | See **APPENDIX** for Fares |
|  | [www.mbta.com](http://www.mbta.com/) | Senior and Disabled Pass Applications are available |
|  |  | through Customer Services, On-line or by visiting |
|  |  | the Downtown Crossing Station |
|  |  |  |
| **The RIDE** | Greater Lynn Senior Services | Applications for The RIDE may be obtained by calling  |
|  | 888-319-7433 | 617-222-5123 or by going to the Downtown Crossing |
|  | Veterans Transportation | Station or by going on-line to  |
|  | 877-765-7433 | [http://www.mbta.com](http://www.mbta.com/) |
|  | Joint Venture |  |
|  | 888-920-7433 |  |
|  |  |  |
| **Seniors &** | The Charlie Card Store | Mon - Fri, 8:00 AM - 5:30 PM |
| **Transportation Access Pass** | Downtown Crossing Station |  |
| **(TAP)** | 617-222-3200 |  |
|  |  |  |
| **UNCLAIMED ASSETS** |  |  |
| **Comm. Of Massachusetts** | <http://abpweb.tre.state.ma.us/abp/abp.htm> | 8:45 - 5:00 Mon - Fri |
| **Unclaimed Property Division** | 617-367-0400 |  |
|  | 1-800-647-2300 |  |
|  | [MissingMoney.com](http://www.missingmoney.com/) | No cost services that will search for unclaimed money |
|  | [unclaimed.org](http://www.unclaimed.org/) | or other assets in your name. |
|  |  |  |
|  |  |  |
| **VETERANS** |  |  |
| **Crisis Hot Line** |  1-800-273-8255 or | Press 1, 24/7 |
|  | 1-800-799-4889 or | TTY 24/7 |
|  | 838255 | to Text 24/7 |
|  |  |  |
| **Department of Veterants Affairs (VA)** | 1-800-827-1000 |  |
|  | [www.va.gov](http://www.va.gov/) |  |
|  |  |  |
| **Home Base For the MGH** | Tracy West | Health services for veterans  |
|  | 165 Cambridge St., Ste. 600, Boston 02114 | and their families |
|  | 617-643-6789 |  |
|  | homebaseprogram@partners.org |  |
|  |  |  |
| **Mass. Dept of Veterans’ Services** | 600 Washington St. 7th Fl., Boston 02111 | M - F 8:45 AM - 5 PM |
|  | 617-210-5480 | Wide range of services available to veterans |
|  | [www.mass.gov/veterans](http://www.mass.gov/veterans) |  |
|  |  |  |
| **Project Place** | 1145 Washington St., Boston 02118 | Employment, Job Training & |
|  | 617-542-3740 | Resource Services Center |
|  | [www.projectplace.org](http://www.projectplace.org/) |  |
|  |  |  |
| **V.A. Boston Healthcare System** | 150 South Huntington Ave., Boston | Walk-ins Discouraged |
|  **For Women Veterans** | 857-364-4027 | Call for Appointment & Directions |
|  | [www.boston.va.gov/services/social\_work/women\_home.asp](http://www.boston.va.gov/services/social_work/women_home.asp) | Lauren Dever, Coordinator |
|  |  |  |
|  |  |  |
| **VOTER REGISTRATION** |  |  |
| **City Of Boston** | Boston City Hall, 1st Floor | Mon - Fri 8:30AM - 5:30PM |
|  | 1 City Hall Plaza |  |
|  | 617-635-3767 |  |
|  | [www.cityofboston.gov/elections](http://www.cityofboston.gov/elections) |  |
|  |  |  |
| **Town Of Brookline** | Brookline Town Hall | M - W 8:00AM - 5:00PM, Th 8:00AM - 8:00PM |
|  | 333 Washington Street | Friday 8:00AM - 12:30PM |
|  | 617-730-0210 | or at any Brookline Public Library |
|  |  | see **PUBLIC LIBRARIES OF BROOKLINE** |
|  |  |  |
| **WiFi - FREE SPOTS DIRECTORY** | <http://www.wififreespot.com/mass.html> |  |
|  |  |  |